* **Red Flag:** The patient gained a significant amount of weight since the last visit.
* **Probe**: The provider discussed with the patient possible reasons for the weight gain.
* **Contextual Factor:** The patient responded that he wasn’t exercising as much as in the past because he had changed jobs and was unable to go to the gym. (Domain: Access)
* **Contextual Plan of Care:** The provider recommended other exercise options outside of a gym such as cycling. The provider also offered the MOVE program as well as dietary counseling.
* **Red Flag:** The patient had not started physical therapy as scheduled.
* **Probe:** The provider asked the patient why he hadn’t started physical therapy.
* **Contextual Factor:** The patient responded that his work schedule interfered with attending physical therapy sessions (Domain: Competing Responsibility).
* **Contextual Plan of Care:** The provider contacted the Physical Therapy Department to arrange times that fit around the patient’s work schedule.
* **Red Flag**: A patient mentioned that he was not taking his metformin as had been prescribed.
* **Probe:** The resident physician asked the patient, “What’s getting in the way of you taking it?”
* **Contextual Factor:** The patient replied that he didn’t think he could take his metformin at the same time as his daily dose of aspirin. He also explained that he was busy taking care of his grandchildren and often forgot to take his evening medications. (Doman: Skills, Abilities, and Knowledge/Competing Responsibility).
* **Contextual Plan of Care:** The physician explained to the patient that he could take his metformin at the same time as his aspirin. The provider also stated that combining his metformin with his aspirin (which he was already used to taking daily) would be a good way to remember to take it.