* **Red Flag:** The patient mentioned that he not been exercising as recommended.
* **No Probe:** The provider didn’t ask him why.
* **Contextual Factor Revealed by Pt.:** The patient went on to say, however, that he was afraid to exercise when he wife was out of the house (which she often was) because he was afraid of falling or injuring himself with no one to help him with the exercises. (Domains: Emotional)
* **Contextual Plan of Care:** The provider suggested there were exercises the patient could do while seated for the times when his wife was not at home. They reviewed several exercises that could be done seated.
* **Red Flag:** The patient mentioned that he’d not gotten a pair of compression stockings as had been discussed and ordered at the last visit.
* **No Probe:** The provider didn’t ask why.
* **Contextual Factor Revealed by Pt.:** The patient went on to say that when she arrived to be measured for the stockings, the only person available to do the measurements was a male provider. The patient had a history of PTSD and would only consent to being measured by a female. (Domains: Attitude Towards Healthcare Provider and System/Emotional)
* **Contextual Plan of Care:** The provider then addressed the patient’s situation by arranging for a female to take the patient’s measurements for the compression stockings.