* **Red Flag:** The patient had lost a significant amount of weight since his last visit.
* **Probe:** The provider did not ask the patient if anything in his life circumstances had changed that would have impacted his weight.
* **Contextual Factor:** The patient spontaneously revealed that he was fasting for religious reasons and only eating at night. (Domain: Cultural Perspective/Spiritual Beliefs )
* **No Contextual Plan of Care:** The provider did not address the patient’s situation. Missed opportunity to counsel the patient to contact his spiritual advisor about strategies to remain healthy during a religious obligation (i.e. there may be certain liquid dietary aids, like Ensure, permissible during a fast).
* **Red Flag:** A patient with mood issues declined to see a mental health professional.
* **No Probe:** The provider did not ask why.
* **Contextual Factor Revealed by Pt.:** The patient went on to say that he didn’t need to see a mental health professional because he talked to God instead. (Domain: Cultural Perspective/Spiritual Beliefs)
* **No Contextual Plan of Care:** The provider did not respond to the patient’s statement. Missed opportunity to counsel the patient that seeing a mental health professional did not mean he couldn’t still talk to God. The provider could also have suggested the patient consult a spiritual advisor on their thoughts about mental health care.