* **Red Flag:** During the visit, the patient stated he was not checking his blood pressure at home as he was supposed to.
* **Probe**: The provider then spent time discussing with the patient why he was not using his home blood pressure monitory.
* **Contextual Factor:** The patient explained that his wife also wanted to check her blood pressure and routinely took the monitor and put it where the patient couldn’t find it. (Domain: Environment)
* **Contextual Plan of Care:** The provider arranged for the patient to receive another blood pressure monitor that he could keep in one place separate from his wife.
* **Red Flag:** The patient had lost a significant amount of weight since the last visit.
* **Probe**: The provider asked the patient to describe what was going on with their eating habits.
* **Contextual Factor:** The patient responded that their relationship with their roommate had become toxic and they could no longer use the kitchen to cook. (Domain: Environment)
* **Contextual Plan of Care:** After establishing that the patient’s living conditions were safe, the provider and patient discussed strategies to make sure the patient was able to use cooking facilities. The provider also confirmed that the patient was working with mental health to also deal with the stressful home situation.
* **Red Flag:** The patient stated that he was unable to use his walker at home as had been recommended.
* **Probe**: The provider asked the patient to describe what was going on in his home that was impacting his ability to use the walker.
* **Contextual Factor:** The patient explained that his home was very cluttered and he had no room to maneuver the walker. He said that he was physically unable to clear up the clutter. (Domain: Environment/Skills, Abilities, and Knowledge)
* **Contextual Plan of Care:** The provider involved the VA Social Worker in the patient’s care plan. The provider explained to the patient that there were options for him to get help taking care of his home so that he could better take care of his health.
* **Red Flag:** A patient with a history of falls mentioned that he was not using his walker to get to the bathroom at night.
* **Probe**: The provider asked the patient why.
* **Contextual Factor:** The patient replied that his walker made loud noises on the tile kitchen floor on the way to the bathroom and he didn’t want to wake up his wife. (Domain: Environment)
* **Contextual Plan of Care:** The provider discussed different strategies, the patient agreed to take his walker to prosthetics to see about placing tennis balls on the part of the walker that was making noise on the tile floor.